

What is the NAMI Peer-to-Peer Education Program?

NAMI Peer-to-Peer is a free, 10-session course for adults living with mental health challenges. NAMI Peer-to-Peer provides an educational setting focused on recovery that offers respect, understanding, encouragement and hope. The NAMI Peer-to-Peer education program is:

- Free and confidential
- Held {once} a week for two hours
- Taught by trained Peer Mentors living in recovery themselves
- A great resource for information on mental health and recovery

NAMI Prince William, a local affiliate of the National Alliance on Mental Illness, will offer its NAMI Peer-to-Peer Education Program every Tuesday and Thursday evening starting March 14, 2017 through April 13, 6:30pm-8:30pm. Classes will be held near the NVCC Manassas Campus. Please call now to get on the wait list as seating is limited.



Participant Perspectives

“This course has literally been a life saver. It has opened my eyes to better understanding my illness and methods of recovery I did not know about before taking NAMI Peer-to-Peer.”

“Since taking the course I have gained employment and committed to my recovery.”

“NAMI Peer-to-Peer gave me a better understanding of the mental illness I have and how to manage it.”

Contact us at the number below to register!

NAMI Prince William would like to express its sincere appreciation to the sponsors of the NAMI Peer-to-Peer program: Student Life and The Psychology Club of Northern Virginia Community College, Manassas Campus, and to St. Matthews Lutheran Church



Liz Downey
NAMI Prince William
P.O. Box 1423
Woodbridge, VA 22195
Email: info@nami-pw.org
Contact: 561-578-1370

About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Prince William is an affiliate of NAMI Virginia. NAMI Prince William and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.