

# FAMILY CONNECTIONS™

A skills-based program that offers a  
lifeline to families facing  
Borderline Personality Disorder



## THE NATIONAL EDUCATION ALLIANCE FOR BORDERLINE PERSONALITY DISORDER

invites you to attend a special Washington, DC area  
**Family Connections Weekend Workshop**  
at George Mason University

**April 22 & 23, 2017**  
**(8:30am – 5:00pm)**

### COURSE CONTENT:

- Research-based program typically taught as 12-week course
- Education & Research on BPD
- Skills training for families based on Dialectical Behavior Therapy
- Relationship Mindfulness
- Effective Communication
- Validation
- Development of a support network

### HOW TO REGISTER:

Request the *Washington DC Weekend Workshop* when registering at  
[www.borderlinepersonalitydisorder.com/family-connections](http://www.borderlinepersonalitydisorder.com/family-connections)

Note: Space is limited and registration is first come, first serve. This workshop is NOT open to people who suffer from BPD, only to family members and close friends. A voluntary \$50 donation is requested to cover printing & administrative costs. No one will be turned away for financial reasons. For questions contact [meg@borderlinepersonalitydisorder.com](mailto:meg@borderlinepersonalitydisorder.com)

### SPONSORED BY:



George Mason University's Center for Psychological Services  
<http://psyclinic.gmu.edu/>



National Education Alliance for Borderline Personality Disorder  
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