



**AUGUST 3-4, 2017**  
**8:30 AM- 12:30 PM**

Through this Course, you will learn how to apply the Mental Health First Aid action plan in a variety of situations and to assist when someone is experiencing: •

- Panic attacks •
- Suicidal thoughts or behaviors
- Nonsuicidal self-injury
- Acute psychosis (e.g., hallucinations or delusions)
- Overdose or withdrawal from alcohol or drug use •
- Reaction to a traumatic event

The goal is to help support an individual until they receive professional help. Visit [www.mentalhealthfirstaid.org](http://www.mentalhealthfirstaid.org) for more information.

**DIVERT TEAM  
TRAINING  
OPPORTUNITY**

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**INSTRUCTED BY:**

**VICKIE TAYLOR  
&  
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**CONTACT**

**NATALIE BENITEZ TO  
SIGN UP AT :**

**[NBENITEZ@PWCGOV.ORG](mailto:NBENITEZ@PWCGOV.ORG)**

**BY JUNE 15, 2017**

**PLEASE INCLUDE YOUR:**

**NAME**

**TITLE**

**AGENCY**

**EMAIL ADDRESS**

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**LOCATION:**

**Youth For Tomorrow  
(Library)**

**11835 Hazel Circle Dr.  
Bristow, VA 20136**